# LUNCH

## WEDNESDAY, FEBRUARY 5, 2025

## **POZOLE ROJO**



CALORIES 260

SODIUM 550mg PROTEIN 25g

FAT 11g CARBS 15g CHOLESTEROL 75mg

FIBER 2g

## SOUTHWEST CHICKEN WRAP





CALORIES 404

SODIUM 750mg

PROTEIN 26g

FAT 16g CARBS 39g CHOLESTEROL 70mg

FIBER 4g

coconut oil & milk

#### **RASTA PASTA**







CALORIES 375

SODIUM 485mg PROTEIN

FAT 18g CARBS 46g

CHOLESTEROL Omg

FIBER 3g

contains wheat







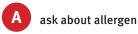












## DINNER

## WEDNESDAY, FEBRUARY 5, 2025

sesame in bun

#### **BBQ PORK SANDWICH**







**CALORIES PROTEIN CARBS CHOLESTEROL SODIUM FAT** 410 970mg 14g 46g 25g 85mg

## **CHOPPED STEAK MONTEREY** (1)



**CALORIES SODIUM PROTEIN** FAT **CARBS CHOLESTEROL FIBER** 360 640mg 27g 27g 97mg 0g2g

#### SOUTHWEST SWEET POTATO BAKE





**CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER** 315 950mg 10g 11g 45g 20mg 4g

sesame in bun

#### **SWEET & SAVORY BBQ SANDWICH**





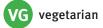


**CALORIES** SODIUM **PROTEIN** FAT CARBS **CHOLESTEROL FIBER** 267 780mg 0mg 4g 13g 7g38g











**FIBER** 

1g









